

# LUNCHTIME CO.

## Week 1

Commencing • 28th Oct • 18th Nov

• 9th Dec • 13th Jan • 3rd Feb • 2nd March • 23rd March



**MEAT FREE**

Monday

Tuesday

Wednesday

Thursday

Friday

*Freshly baked bread*

Garlic bread

Wholemeal bread

Focaccia

Rosemary wholemeal bread

Garlic & herbed ciabatta

*Menu choice 1*

Vegetable burger with wedges

Chicken & vegetable pie

Beef lasagne with garlic bread

Roast pork with roast potatoes & gravy

Fish fingers & chips with garden peas & tomato ketchup

*Menu choice 2*

Homemade cheese & potato pie with baked beans

Penne pasta tomato and basil bake

Vegetable lasagne with garlic bread

Vegetarian sausages with roast potatoes & gravy

Roasted vegetable & bean pasta bake



*Menu choice 3*

Pasta with roasted pepper sauce

Jacket potato with tuna mayo & cheese

Penne pasta with tomato and basil sauce

Jacket potato with cheese, beans, salmon mayo

Pasta with tomato and garlic sauce

*Desserts*

Chocolate brownie

Jelly

Marble cake with custard

Fruit cookies

Sticky toffee pudding with custard

Sliced fresh fruit  
Cheese & biscuits

Sliced fresh fruit  
Natural yoghurt

Sliced fresh fruit  
Cheese & biscuits

Sliced fresh fruit  
Natural yoghurt

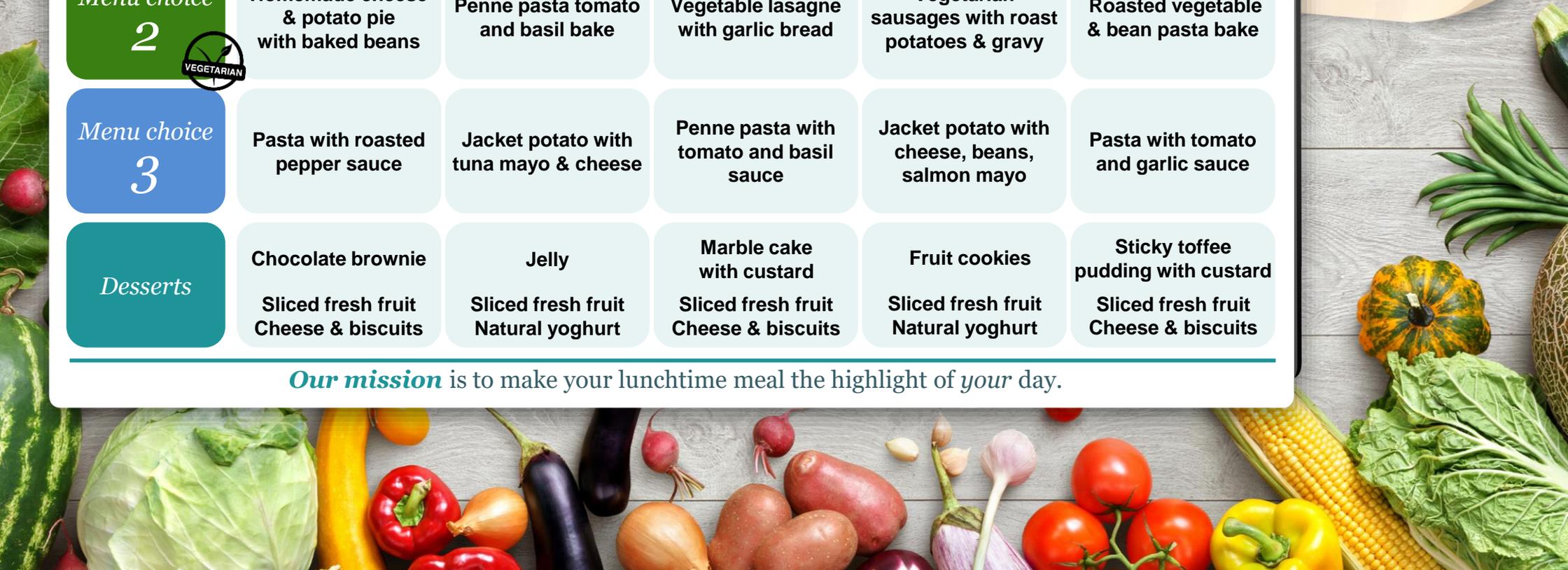
Sliced fresh fruit  
Cheese & biscuits

Available *every day:*

- Seasonal vegetables
- Selection of fresh salad

*Some of our food may contain allergens. Please ask our chef for advice.*

*Our mission* is to make your lunchtime meal the highlight of *your day*.



# LUNCHTIME CO.

## Week 2

Commencing • 4th Nov • 25th Nov

• 16th Dec • 20th Jan • 10th Feb • 9th March • 30th March



**MEAT FREE**

Monday

Tuesday

Wednesday

Thursday

Friday

*Freshly baked bread*

Garlic bread

Wholemeal bread

Focaccia

Rosemary wholemeal bread

Garlic & herbed ciabatta

*Menu choice 1*

Cheese and tomato pizza

BBQ chicken with new potatoes

Cottage pie

Roast chicken, roast potatoes, Yorkshire pudding & gravy

Battered fish & chips with tomato ketchup

*Menu choice 2*

Cheese cauliflower & broccoli bake

Vegetable stir fry & noodles

Chick pea & tomato ragu with rice

Quorn fillet, roast potatoes, Yorkshire pudding & gravy

Quorn & vegetable bake



*Menu choice 3*

Pasta with mixed vegetable & tomato sauce

Jacket potato with tuna mayo & cheese

Pasta with arrabbiata sauce

Jacket potato with cheese and beans

Spaghetti with hidden vegetable sauce

*Desserts*

Apple crumble & custard

Pancake & chocolate drizzle

Shortbread biscuits

Fruit flapjack

Chocolate sponge cake with chocolate custard

Sliced fresh fruit  
Cheese & biscuits

Sliced fresh fruit  
Natural yoghurt

Sliced fresh fruit  
Cheese & biscuits

Sliced fresh fruit  
Natural yoghurt

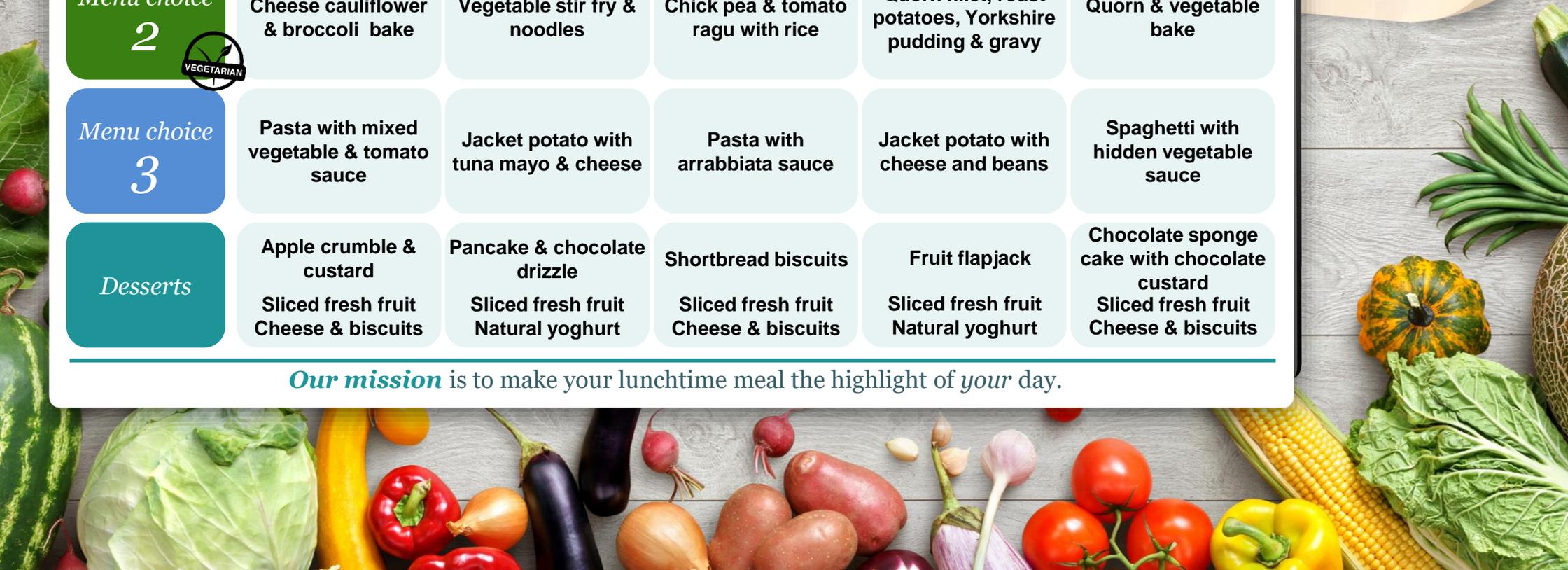
Sliced fresh fruit  
Cheese & biscuits

Available *every day:*

- Seasonal vegetables
- Selection of fresh salad

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*Our mission* is to make your lunchtime meal the highlight of *your day*.



# LUNCHTIME CO.

## Week 3

Commencing • 11th Nov • 2nd Dec

• 6th Jan • 27th Jan • 24th Feb • 16th March



**MEAT FREE**

Monday

Tuesday

Wednesday

Thursday

Friday

*Freshly baked bread*

Garlic bread

Wholemeal bread

Focaccia

Rosemary wholemeal bread

Garlic & herbed ciabatta

*Menu choice 1*

Macaroni cheese

Sausage, mash & gravy

Beef burger with potato wedges

Roast turkey with roast potatoes & gravy

Fish fingers, chips, garden peas & tomato ketchup

*Menu choice 2*

Cheese and onion quiche

Quorn sausage, mash & gravy

Vegetable lasagne with garlic bread

Broccoli & tomato pasta bake with melted cheese

Vegetable pitta bread pizza



*Menu choice 3*

Pasta with vegetable ragout sauce

Jacket potato with tuna mayo & cheese

Pasta with cheese sauce

Jacket potato with cheese and beans

Broccoli & tomato pasta bake with melted cheese

*Desserts*

Apple sponge pudding with custard

Chocolate cookies

Jam sponge & custard

Ice cream

Fudge tart

Sliced fresh fruit  
Cheese & biscuits

Sliced fresh fruit  
Natural yoghurt

Sliced fresh fruit  
Cheese & biscuits

Sliced fresh fruit  
Natural yoghurt

Sliced fresh fruit  
Cheese & biscuits

Available *every day:*

- Seasonal vegetables
- Selection of fresh salad

*Some of our food may contain allergens. Please ask our chef for advice.*

**Our mission** is to make your lunchtime meal the highlight of *your* day.

