

PLEASE, PLEASE, PLEASE NAME ALL KIT with YOUR CHILD'S NAME AND SCHOOL NAME.

- Sleeping Bag and Pillow – practice packing the sleeping bag into its bag
- 2 Comfortable pairs of shoes or trainers **that fit well** – they spend a lot of time on their feet! Crocs are not suitable because they do not fit securely.
- 4 pairs of long trousers that dry easily
- 4 tops/tee shirts – long sleeves are best
- Long socks – as well as trainer socks
- Lots of underwear
- 2 or more fleeces (better than sweatshirts because they dry well and are warm even when wet).
- Lightweight waterproof coat and waterproof trousers
- Swimming costume
- 3 or 4 plastic carrier bags
- 2 sun hats
- 2 water bottles (that don't leak).
- 2 light big towels
- Light weight pyjamas/ nightwear – the bedrooms can be very hot and stuffy
- Some children find it reassuring to have a small travel clock
- Teddy/Soft toy if required
- Disco outfit
- Hair ties and clips if you have long hair – required to tie back long hair for safety
- Lip salve and moisturiser
- Suncream
- Small bottles of toiletries e.g. shampoo, shower gel, toothpaste
- Roll on deodorant if required
- Small travel games e.g. Top Trumps, Uno etc are good for playing in spare time.
- Named disposable camera or inexpensive digital camera
- 2 large bin bags with a name label on the BOTTOM – so it doesn't get hidden when the top is tied and filled with wet or dirty kit!

***No Aerosol deodorants – they can set off the fire alarms***

***No sleeveless or strappy tops, shorts or trainer socks – skin needs to be covered for safety and comfort e.g. when wearing harnesses***

***No jeans – they take ages to dry and are not warm when wet***

***No heavy coats – lots of layers are warmer***

***No extra sweets/snacks/chewing gum – the food is excellent and plentiful***

***No mobile phones, ipods, mp3 players or other electronic gadgets – staff have mobile phones if needed***

**Pocket money:**

£2 for tuck money

£10 max for souvenirs

**Luggage:** **One large bag and one small day rucksack only.** We advise that the children are involved in packing their own bags so that they can find their equipment easily and are able to fit it into the bag again for the return journey. Remember that the children have to carry their bags to their sleeping accommodation. So they must be able to lift them!